

Cl	Dor.	Apellidos y nombre	Tanda	Club	Tiempo	Diferencia
Sexo: Hombre						
1	7	Brais Otero baameiro	1	X-one	47:13.48	
2	45	Ricardo Melendi Rivera	1	POLA DE LAVIANA	50:59.19	3:45.71
3	13	Eduardo Cruz gómez	1	North Coast	54:16.82	7:03.34
4	35	Serafin Corral Prado	1	North coast	54:37.41	7:23.93
5	1	Adrian Inclan graña	1	North coast	54:38.96	7:25.48
6	12	Eduardo Estevez Vallejo	1		59:15.03	12:01.55
7	32	Raul Ruiz Fernandez	1	BeOne Cayon	1h03:21.84	16:08.36
8	28	Nicolás Sandin Alvarez	1	FitNature	1h05:13.94	18:00.46
9	2	Alejandro Molina Prada	1	Fit Nature	1h05:35.75	18:22.27
10	16	Alberto Lopez Pulido	1	Racers Legion	1h06:47.19	19:33.71
11	19	Jose Díaz Corripio	1		1h06:49.00	19:35.52
12	33	Remigio García lopez	1	Atalaya race	1h07:16.18	20:02.70
13	24	Martin Landolfi Paraje	1		1h07:48.65	20:35.17
14	11	David Martínez Pérez	1		1h07:53.86	20:40.38
15	10	David Bordas Pérez	1	BeOne Cayón	1h08:21.54	21:08.06
16	101	Alejandro Moirón Pelaéz	3		1h08:24.26	21:10.78
17	47	Diego Cuervo Montero	1		1h09:19.23	22:05.75
18	121	Marco Martínez Gayoso	3		1h12:13.25	24:59.77
19	122	Marcos Fernández	3		1h12:38.53	25:25.05
20	81	Orestes Echemendia Aguiar	2		1h14:20.79	27:07.31
21	44	Nico Docal Fernández	1	Lugo	1h14:34.96	27:21.48
22	95	DAVID COMITRE CUERVO	2	TAXUS	1h18:11.34	30:57.86
23	186	Arturo Iglesias	4	North Coast	1h18:40.47	31:26.99
24	190	JORGE FERNANDEZ SORDO	4	Vegadeo	1h18:54.61	31:41.13
25	105	anton rodriguez de prado	3	D10	1h19:13.03	31:59.55
26	181	Iván Alonso Fernández	4		1h19:26.43	32:12.95
27	166	Ivan Martin Simon	4	GENTE CORRIENTE	1h19:35.04	32:21.56
28	156	Chema Casado Prieto	4	GENTE CORRIENTE	1h19:35.67	32:22.19
29	172	Oscar Castro Arias	4	GENTE CORRIENTE	1h19:57.30	32:43.82
30	173	Oscar Pastor Viñas	4	GENTE CORRIENTE	1h19:58.75	32:45.27
31	184	MARTIN CARRAL ZAPATA	4	NORTH COAST	1h20:23.25	33:09.77
32	204	Pablo Martín Fernández	1		1h21:30.24	34:16.76
33	123	Mateo Benito Acevedo	3	El Mero Crossfit	1h21:59.36	34:45.88
34	25	Miguel Álvarez Jorge	1	Centro Deportivo Gimnasio Aren	1h22:00.50	34:47.02
35	127	Roberto Fernandez	3	El mero crossfit	1h22:11.27	34:57.79
36	98	Miguel Cervantes Crespo	2	Taxus	1h22:32.86	35:19.38
37	41	Roberto Ferreras Menendez	1	OCR NORTH COAST	1h22:49.13	35:35.65
38	8	Celso Rubio Valdes	1	DF SPORT CENTER	1h23:18.12	36:04.64
39	203	Sergio Riesgo Garcia	1		1h23:35.04	36:21.56
40	110	ALVARO LUNA BARRIENTOS	3		1h23:35.48	36:22.00
41	102	Alvaro Balgar	3	El mero	1h23:52.92	36:39.44
42	124	Oscar Daniel Mendez Vargas	3	El Mero Crossfit	1h25:26.83	38:13.35
43	9	Alejandro Rodríguez Zango	1	North Coast	1h26:21.10	39:07.62
44	6	Borja De Las Heras Martinez	1	Df sport center	1h26:22.76	39:09.28
45	179	Borja Rodil Fernández	2		1h27:11.08	39:57.60
46	120	Lucas López Bueno	3	El Mero CrossFit	1h28:03.70	40:50.22
47	29	Pedro javier García perez	1	Atalaya race	1h28:25.43	41:11.95
48	185	Miguel Angel Garcia Lopez	4		1h29:10.80	41:57.32
49	148	Javier Lopez Andrew	3		1h30:26.62	43:13.14
50	103	Alvaro Perez Ramos	3	El mero	1h30:35.42	43:21.94

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51	39	JONAS GARCIA BAS	1	RACERS LEGION ASTURIAS	1h30:53.14	43:39.66
52	97	Javier Niñe	2	Toxiza	1h32:30.23	45:16.75
53	4	Angel Rebollo Garcia	1	Gijon	1h33:24.50	46:11.02
54	18	Jose Aguilar Blanco	1		1h34:56.61	47:43.13
55	114	Francisco Jesús Villalón García	3		1h35:06.58	47:53.10
56	108	Cesar Borja Garcia Alonso	3		1h35:07.31	47:53.83
57	131	Sidi Mohamed Salem	3		1h36:01.82	48:48.34
58	129	Ruben Alonso Arredondas	3		1h36:06.21	48:52.73
59	52	Alejandro Blanco	2		1h36:16.78	49:03.30
60	38	H. Javier Fernandez Garcia	1	Reconquista Crossfit	1h36:23.49	49:10.01
61	83	Pablo Rodríguez	2		1h36:41.81	49:28.33
62	111	Javier Casais Del Corro	3	5 patas pa un banco	1h37:56.18	50:42.70
63	135	Ivan Cabricano Mejuto	3	5 patas pa un banco	1h37:56.41	50:42.93
64	153	Francisco Rodriguez Veiguela	4	INDICANOS	1h38:18.70	51:05.22
65	175	BRUNO BOUZA GARCÍA	4	INDICANOS	1h38:18.91	51:05.43
66	194	SEBASTIAN FERNANDEZ RICO	4	INDICANOS	1h38:19.54	51:06.06
67	174	MODESTO BERMÚDEZ GARCÍA	4	INDICANOS	1h38:41.68	51:28.20
68	94	Andres Alonso Garcia	2	Taxus	1h39:09.98	51:56.50
69	37	Victor Lorenzo Delgado	1	CORAZON NEGRO CROSSFIT	1h39:14.82	52:01.34
70	20	JOSE ROZADA ORTEGA	1	Corazon negro crossfit	1h39:15.71	52:02.23
71	99	EDUARDO COTARELO	2	VEGADEO	1h40:54.09	53:40.61
72	100	MAHY ANTONIO MARRERO FALCON	2	VEGADEO	1h41:10.07	53:56.59
73	27	Nacho Garcia Bada	1	Df sport center	1h42:00.41	54:46.93
74	72	José Ramón Amor Sordo	2		1h45:16.46	58:02.98
75	119	Juan Carlos Fernández Suárez	3	Spartan box training	1h46:47.64	59:34.16
76	118	JAVIER RODRÍGUEZ ARROYO	3	SPARTAN BOX TRAINING	1h46:47.88	59:34.40
77	171	Saul castellanos Rodríguez	4	fartukos	1h48:51.56	1h01:38.08
78	93	Luis Cela Novoa	2		1h49:03.07	1h01:49.59
79	189	Ivan González Lorenzo	4	fartukos	1h49:58.17	1h02:44.69
80	197	GUILLERMO SAIZ LOZANO	4	Comando Ateroma	1h52:20.22	1h05:06.74
81	160	Eduardo Urriza Garro	4	ateroma	1h52:35.97	1h05:22.49
82	196	Mikel Viles	4		1h53:11.18	1h05:57.70
83	199	PABLO IRIARTE URIBE	4	Comando Ateroma	1h53:27.77	1h06:14.29
84	155	David Martinez	4	Beerrunners	1h54:34.75	1h07:21.27
85	158	Ivan García	4	Beerrunners	1h54:34.97	1h07:21.49
86	159	Javier Menendez	4	Beerrunners	1h54:57.21	1h07:43.73
87	163	Diego Fernandez	4	BEERRUNNERS	1h54:57.51	1h07:44.03
88	198	SANTIAGO POZA COBO	4	Comando Ateroma	1h54:58.15	1h07:44.67
89	79	Nolasco Vidal Dosal	2		1h57:16.61	1h10:03.13
90	80	José emmanuel sacramento monteiro	2	Asturias	1h58:00.33	1h10:46.85
91	82	Pablo Cagiao Sanmartin	2		1h58:09.44	1h10:55.96
92	96	Humberto Palacios Rey	2	Toxiza Clube de Montaña	1h58:50.50	1h11:37.02
93	187	Christopher Rico	4	North Coast OCR	1h58:57.91	1h11:44.43
94	115	BRUNO LOPEZ EXPOSITO	3	Vegadeo	2h00:43.31	1h13:29.83
95	117	JOSE RAMON VILLANUEVA	3	Vegadeo	2h00:56.65	1h13:43.17
96	54	Andrés Díaz Gómez	2	Fillos de Viveiro	2h02:06.04	1h14:52.56
97	63	Fran Corrales	2		2h02:26.11	1h15:12.63
98	112	DIEGO RODIL PACIOS	3	IA RUTINA ES MORTAL	2h04:32.32	1h17:18.84
99	116	Alberto Lombardía Arruñada	3	Vegadeo	2h05:42.04	1h18:28.56
100	75	Manuel Suarez Calderero	2	Jabalís Team	2h06:12.56	1h18:59.08
101	66	Jacobo Vecino	2		2h06:33.01	1h19:19.53
102	92	Toni Vázquez	2	Jabalí 's Team	2h06:33.44	1h19:19.96
103	146	david rodriguez cano	3	marisma warriors	2h11:19.17	1h24:05.69

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104	144	Rafael Fernández Sánchez	3	Marisma Warriors	2h11:35.04	1h24:21.56
105	141	javier nazabal gordon	3	marisma warriors	2h13:55.40	1h26:41.92
106	56	Antonio Martos Louzan	2	TAXUS	2h14:21.37	1h27:07.89
107	69	Jonathan Martos Amor	2	Taxus	2h14:21.42	1h27:07.94
108	51	Adrian Martos Amor	2	TAXUS	2h14:35.40	1h27:21.92
109	67	Jacobo Vega Gonzalez	2	LA GALERNA	2h15:00.86	1h27:47.38
110	71	Jose Manuel Sobrido Vidal	2	LA GALERNA	2h15:20.74	1h28:07.26
111	68	Jónatan Menéndez López	2	LA GALERNA	2h15:41.19	1h28:27.71
112	84	Pablo Viguin Prieto	2	LA GALERNA	2h15:47.36	1h28:33.88
113	23	Julio Dominguez Muñoz	1	Hard running	2h21:35.75	1h34:22.27
114	161	Emi Guerrero	4	NorthCoast OCR	2h23:14.90	1h36:01.42
115	168	JOSS FDEZ	4		2h27:23.93	1h40:10.45
116	134	David Riestra Hernández	3	Gallastures	2h42:15.58	1h55:02.10

Sexo: Mujer

1	107	INDRE TAMOSAUSKAITE	3		1h22:51.16	
2	149	Laura Garcia Fernandez	3		1h25:25.78	2:34.62
3	17	Ivana Ciarreta Passini	1		1h26:49.48	3:58.32
4	169	Josefina Pérez Rio	4	NORTH COAST	1h28:00.35	5:09.19
5	14	Eva Faza Faza	1		1h32:09.29	9:18.13
6	182	LEILA CARRAL FERNANDEZ	4	NORTH COAST	1h34:05.53	11:14.37
7	15	Guadalupe Alvarez Clemente	1	North Coast	1h35:00.50	12:09.34
8	201	Sheila Briones Arredondas	1	Reconquista Crossfit	1h36:21.75	13:30.59
9	176	Raquel Perez Garcia	4	North coast	1h37:53.88	15:02.72
10	137	Sandra Fernandez Alvarez	3	5 patas pa un banco	1h37:56.39	15:05.23
11	202	Nuria Pablo Diaz	1	North Coasth	1h41:26.65	18:35.49
12	5	Begoña Suárez Vega	1	Df sport center	1h41:49.95	18:58.79
13	104	ANA PEREZ FERNÁNDEZ	3	SPARTAN BOX TRAINING	1h46:47.83	23:56.67
14	167	Iris Velarde González	4	CON FARTUKOS	1h48:03.07	25:11.91
15	151	Abi Lopez	4	FARTUKOS	1h48:51.35	26:00.19
16	91	Isabel Suarez Santiago	2		1h48:54.07	26:02.91
17	133	Sonia Fernández Cobas	3	D10 Team	1h52:06.93	29:15.77
18	152	Andrea Gutiérrez Landaluce	4	Comando Ateroma	1h52:51.02	29:59.86
19	154	Patricia Alonso	4	BEERRUNNERS	1h54:27.21	31:36.05
20	164	Carla Alonso	4	BEERRUNNERS	1h54:33.28	31:42.12
21	85	Paola Cavada Presmanes	2		1h57:13.57	34:22.41
22	192	JOSE RAMON LOZA GARCIA	4	TAPIA	1h58:58.75	36:07.59
23	113	Elena Alonso Pérez	3	La rutina es mortal ...queremo	2h01:54.32	39:03.16
24	128	ROMINA FERNANDEZ DIAZ	3	ciclo indoor	2h02:20.25	39:29.09
25	106	BEATRIZ RODRIGUEZ IGLESIAS	3	IA RUTINA ES MORTAL	2h02:31.94	39:40.78
26	109	Cynthia Salgado González	3	La rutina es mortal... queremo	2h02:32.79	39:41.63
27	126	Patricia García González	3	La rutina es mortal...queremos	2h04:50.69	41:59.53
28	132	SILVIA CORRAL BENJUMEA	3	LA RUTINA ES MORTAL...QUEREMOS	2h04:51.49	42:00.33
29	36	Silvia Miragaya Carballal	1	Team 018 Chantada	2h05:19.60	42:28.44
30	78	Monica Meana Peña	2		2h06:12.73	43:21.57
31	87	Rocio Espiñeira	2		2h06:16.66	43:25.50
32	60	Cristina González Mencía	2	JABALÍ'S Team	2h06:51.12	43:59.96
33	65	Ivanka Aranda	2		2h08:19.52	45:28.36
34	139	ines perez regueras	3	marisma warriors	2h13:56.25	51:05.09
35	90	Sandra Blanco	2	LA GALERNA	2h15:26.25	52:35.09

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36	142	lara rodriguez obeso	3	marisma warriors	2h15:32.00	52:40.84
37	138	adrialis olivares davila	3	marisma warriors	2h15:48.94	52:57.78
38	143	patricia miaja menendez	3	marisma warriors	2h15:52.26	53:01.10
39	147	diana garcia gomez	3	marisma warriors	2h15:56.07	53:04.91
40	74	Lucía Hernández Muñiz	2	LA GALERNA	2h16:24.95	53:33.79
41	76	MARIA PAZ GARCIA RODRIGUEZ	2	LA GALERNA	2h16:37.90	53:46.74
42	162	Hortensia Fernández Monteserín	4		2h20:26.36	57:35.20
43	30	Raquel Gonzalez	1	Hard running	2h21:35.75	58:44.59
44	177	Rosana Rodríguez Velasco	4	North Coast	2h21:38.72	58:47.56
45	43	Mónica Castreño	1	Portugalete	2h21:49.59	58:58.43
46	178	Sonia Niñe Beltran	4	North Coast	2h22:22.33	59:31.17
47	195	Maria fernandez perez	4	North Coast	2h23:07.40	1h00:16.24
48	58	Cecilia García	2	La Galerna	2h25:05.72	1h02:14.56
49	57	Carla González Mencía	2	JABALÍ'S Team	2h25:33.14	1h02:41.98
50	157	Cristina Patallo Fernandez	4	North Coast	2h27:03.07	1h04:11.91
51	77	MARTA MARÍA ALVAREZ	2	LA GALERNA	2h32:28.96	1h09:37.80
52	86	Rebeca Huerta	2	La Galerna	2h32:33.76	1h09:42.60
53	59	Clara Hermida	2	La Galerna	2h32:34.51	1h09:43.35
54	136	Jennifer Argüelles Mesa	3	Razastur	2h42:18.28	1h19:27.12
55	46	Rocio Ramirez	1	Aviles	3h00:35.88	1h37:44.72